



# The Garnham Throws Challenge

## Sunday, September 30, 2018

University at Buffalo Throws Facility

### Meet Information

**Date:** Sunday, September 30, 2018

**Location:** University at Buffalo Throws Facility (GPS: 102 Alumni Arena, Amherst, NY 14260)

**Parking:** Free parking will be available in the Stadium Parking Lot

**Pre-registration:** \$25 per athlete (unlimited events). Pre-registration available online at [www.ubtrackcamp.com](http://www.ubtrackcamp.com) by Friday, September 28, 2018 by 11:59pm. Mailed in applications must be received by FRIDAY, SEPTEMBER 28, 2018 (allow time for snail mail!).

**Competition Day Registration:** \$30 per athlete (unlimited events), Sunday, September 30, 2018, opens at 9:00am. Registration closes at 11:00am.

**Entry Fee:** Preregistration fee is \$25 per athlete (unlimited number of events). Competition Day fee is \$30 per athlete (unlimited numbers of events). Online pay by credit card, mail-in or on competition day, pay by check made payable to "UB Foundation" or cash (U.S. Funds only)

**Weigh-ins:** Located by the Garnham Throws Shed beginning at 9:30am – 11:00am. *You must supply your own Implements.*

**Competition:** Each competitor will have 4 throws. The best mark will be scored.

**Rules:** USATF Age groups and implement weights will be used. See chart below.

**Results:** Results will be posted at [www.ubbulls.com](http://www.ubbulls.com) and [www.facebook.com/buffalotrackxc/](http://www.facebook.com/buffalotrackxc/).



# The Garnham Throws Challenge Schedule

## TENTATIVE TIME SCHEDULE

11:00am Shot Put: Men followed by Women  
 11:00am Javelin Throw: Men  
 1:00pm Hammer throw: Men, followed by women  
 3:00pm Discus Throw: Men, followed by women

# The Garnham Throws Classifications

<i>Throws Implement Specifications – Must provide your own implement</i>										
	<u>Shot Put</u>		<u>Discus</u>		<u>Javelin</u>		<u>Hammer</u>			
	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>		
<u>High School</u>	12 lb.	4 kg	1.6 kg	1 kg	800 g	600 g	12 lb.	4 kg		
<u>NCAA, USATF, IAAF</u>	16 lb.	4 kg	2 kg	1 kg	800 g	600 g	16 lb.	4 kg		
<u>USATF Master</u>	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>	<u>Men</u>	<u>Women</u>		
40-49	16 lb.	4 kg	2 kg	1 kg	800 g	600 g	16 lb.	4 kg		
50-59	6 kg	3 kg	1.5 kg	1 kg	700 g	500 g	6 kg	3 kg		
60-69	5 kg	3 kg	1 kg	1 kg	600 g	500 g	5 kg	3 kg		
70-74	4 kg	3 kg	1 kg	1 kg	500 g	500 g	4 kg	3 kg		
75-79	4 kg	2 kg	1 kg	.75 kg	500 g	400 g	4 kg	2 kg		
80 +	3 kg	2 kg	1 kg	.75 kg	400 g	400 g	3 kg	2 kg		

## **Meet Information:**

<http://ubulls.com/sports/track/home> information

Questions: Vicki Mitchell, 716-645-6815, [vam3@buffalo.edu](mailto:vam3@buffalo.edu)



# The Garnham Throws Challenge

## REGISTRATION FORM

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M  F

**EVENT** **Estimated Mark (metric only!)** Men 19 & Under: High School  NCAA

Shot Put \_\_\_\_\_

Discus Throw \_\_\_\_\_

Hammer Throw \_\_\_\_\_

Javelin Throw \_\_\_\_\_

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**Waiver:** I acknowledge that competing is a potentially hazardous activity, which could result in injury or death and that this athletic event is an extreme test of a person's physical and/or mental limits. The risks of this event include, but are not limited to, those caused by terrain, facilities, equipment, falls, contact with another participant, official, volunteer, spectator, coach, event official, event monitor, the effects of weather, including high heat and/or humidity, and lack of hydration. These risks are not only inherent to athletes, but are also present for volunteers. I hereby assume all of the risks of participating in and/or volunteering at this event.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent/guardian for minors (under 18 years old): \_\_\_\_\_



# The Garnham Throws Challenge Meet Records

Event/Age Group	Women's Shot Put	Mark	Year	Event/Age Group	Men's Shot Put	Mark	Year
19 & Under	Rachel Donner	11.33m	2016	19 & Under	Johnathan Surdej	15.76m – 12lb	2017
				19 & Under	Paul Kemsley	13.86m – 16lb	2017
20 – 39 years	Joanna Hallisy	13.64m	2016	20 – 39 years	Ryan Cribbin	17.09m – 16lb	2017
40 – 49 years				40 – 49 years			
50 – 59 years				50 – 59 years	Scott Hannay	12.41m – 6k	2017
60 – 69 years				60 – 69 years			
70 – 79 years				70 – 79 years	Gary Crawford	7.72m	2016
Event/Age Group	Women's Discus	Mark	Year	Event/Age Group	Men's Discus	Mark	Year
19 & Under	Kambrie Luciani	38.98m	2016	19 & Under	Tom Bojalad	51.30m – 1.6k	2016
				19 & Under	Sam Wray	46.58m – 2k	2017
20 – 39 years	Miranda Daucher	52.12m	2016	20 – 39 years	Killian Lewis	42.38m	2016
40 – 49 years				40 – 49 years			
50 – 59 years				50 – 59 years	Scott Hannay	41.68m – 1.5k	2017
60 – 69 years				60 – 69 years			
70 – 79 years				70 – 79 years			
Event/Age Group	Women's Hammer	Mark	Year	Event/Age Group	Men's Hammer	Mark	Year
19 & Under	Brianna McKenzie	41.14m	2017	19 & Under	Caleb Nickens	43.08m – 12lb	2017
				19 & Under	Paul Kemsley	43.21m – 16lb	2017
20 – 39 years	McKenzie Kuehlewind	49.58m	2016	20 – 39 years	Ryan Cribbin	54.20	2017
40 – 49 years				40 – 49 years			
50 – 59 years				50 – 59 years	Scott Hannay	40.61m – 6k	2017
60 – 69 years				60 – 69 years	Patrick Lynn	25.51m – 5k	2017
70 – 79 years				70 – 79 years	Gary Crawford	23.84m	2016
Event/Age Group	Women's Javelin	Mark	Year	Event/Age Group	Men's Javelin	Mark	Year
19 & Under	Kambrie Luciani	38.80m	2016	19 & Under	Ian Hall	58.34m – 600g	2017
				19 & Under	Will Gross	34.68m – 800g	2017
20 – 39 years				20 – 39 years			
40 – 49 years				40 – 49 years			
50 – 59 years				50 – 59 years	Scott Hannay	39.12m – 700g	2017
60 – 69 years				60 – 69 years			
70 – 79 years				70 – 79 years			