



BUFFALO™

NEW YORK'S PUBLIC POWERHOUSE

2019 Track & Field Winter Clinic

Annual Learn-by-Doing Track & Field Clinic

Sunday, January 20, 2019, 10:00am—2:00pm, UB's Alumni Arena

- Open to everyone, Grades 7—12
- Cost: \$35/individual (athlete or coach). \$150/girls team (5 or more students) \$150/boys team (5 or more students), \$250/combined boys and girls team. Cash or check payable to "UB Foundation".
NOTE: Registration day of clinic fee is increased \$5/individual, \$10/team. ** US FUNDS **
- Location: UB's Alumni Arena, 102 Alumni Arena, Buffalo, NY 14260
- Sprints, Hurdles, Relays, Horizontal Jumps, High Jump, Throws, Pole Vault, Mid-distance/Long Distance with groups for Advanced and Novice track & field athletes. Come prepared for activity with athletic shoes & clothing.
- Pre-Registration is encouraged. Register in advance at <http://www.ubtrackcamp.com/>
- Pole Vault: If you have your own poles, please bring them. We will have poles available as well.
- Throws: If you have your own implements, you may bring them!
- Come prepared for activity!
- We will have limited snacks for sale (Gatorade, granola bars, etc.).

Register online (closes at 9:00pm 1/18/2019) at <http://www.ubtrackcamp.com/>

Register by mail (*must be received by 1/18/2019*) with the form below.

Register Day of Clinic: Registration Fee is increased by \$5/individual, \$10/team.

First Name _____ Last Name _____

Email _____ Phone _____

Student Yes No Grade: _____ Coach Yes No Affiliated School _____

Select One Category (Register Day of Clinic Fee is increased by \$5/individual, \$10/team):

Individual Athlete or Coach (\$35)

Girls team (\$150)

Boys team (\$150)

Combined Boys & Girls (\$250)

Questions? Email the Clinic Director: Vicki Mitchell at vam3@buffalo.edu

Checks Payable to "UB Foundation", mailed to Coach Vicki Mitchell, Winter Track Clinic, 162 Alumni Arena, Buffalo NY 14260

LOCATION: The clinic will take place at Alumni Arena, on the North Campus of the University at Buffalo. Parking will be available in the ARENA PARKING LOT. For directions and parking information, go to www.ubbulls.com